

What is claimed is:

1. A lever device, comprising:

5           (a)     an elongated body member;

             (b)     a double-sided stretch releasing adhesive attached to said body.

2. A lever device as defined in claim 1, wherein said body member is rigid and  
10 includes a first end portion, a middle portion, and a second end portion, at least one  
of said first and second end portions comprising a handle.

3. A lever device as defined in claim 2, wherein said device further includes a base  
portion pivotally connected with said body member.

15

4. A lever device as defined in claim 3, wherein said stretch releasing adhesive is  
affixed to said base portion.

5. A lever device as defined in claim 3, wherein said base portion is pivotally  
20 connected with said middle portion.

6. A lever device as defined in claim 5, further comprising a head pivotally  
connected with said first end portion.

25 7. A lever device as defined in claim 6, wherein said stretch releasing adhesive is  
affixed to said head.

8. A lever device as defined in claim 7, further comprising biasing means arranged  
between said base and said body member second end portion for urging said  
30 second end portion.

9. A lever device as defined in claim 3, wherein said base portion is pivotally connected with said first end portion.
10. A lever device as defined in claim 9, wherein body member includes a force application portion extending outwardly from said body member.
11. A lever device as defined in claim 2, wherein said stretch releasing adhesive is affixed to said middle portion.
12. A lever device as defined in claim 11, wherein said stretch releasing adhesive is a pair of elongated strips longitudinally spaced and arranged transversely with respect to the longitudinal axis of said body member.
13. A lever device as defined in claim 12, wherein said middle portion includes a planar surface for receiving said adhesive strips.
14. A method of producing torque with a lever device including an elongated body member, comprising the steps of
- (a) attaching the body member to a surface using a double-sided stretch releasable adhesive; and
  - (b) applying a force to the body member parallel to the surface and perpendicular to the body member to produce torque.